

AgBite

A series of commodity insights

Did you know?

For commercial planting, the USDA recommends at least 1 honeybee hive per acre for pollination.

Overview

- Cantaloupes are the most popular type of melon in the United States.
- Americans eat an average of 27 pounds of melons per year.
- Worldwide, the United States is one of the largest consumers of melons.

Production

Cantaloupes bloom from July to September and their yellow flowers attract honeybees that pollinate the melon.

It usually takes the melon 90 days for the fruit to develop after planting.

The vine will naturally slip from the melon when it is time to harvest.

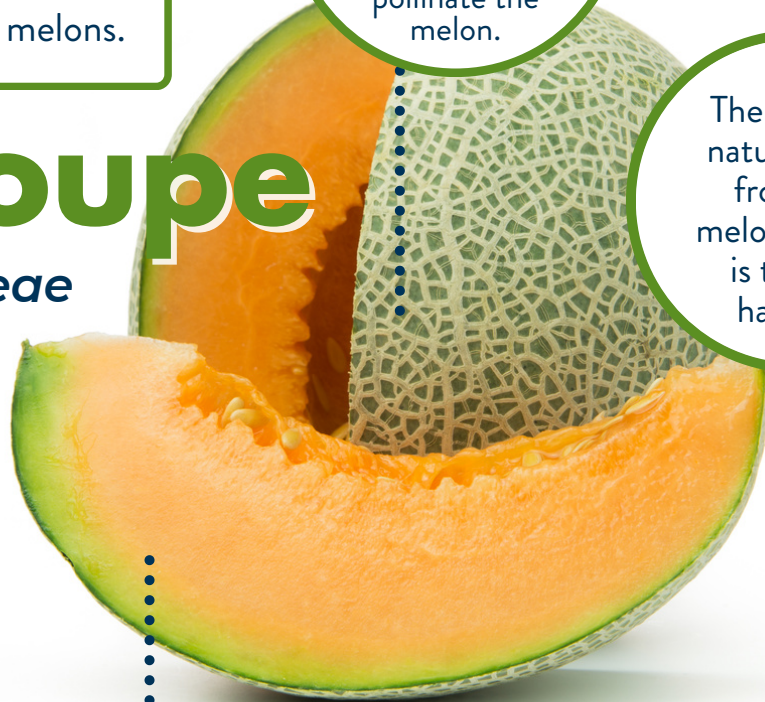
Cantaloupe

Family: Cucurbitaceae

Species: *C. melo*

Genus: *Cucumis*

Kingdom: Plantae



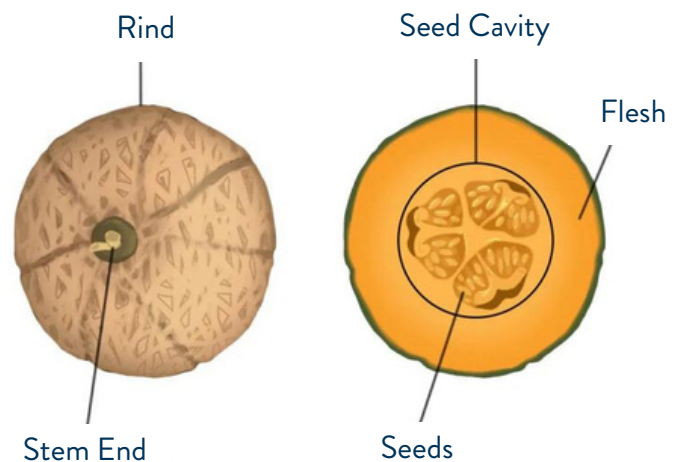
Nutritional Information

1 med, melon (552 g)

| | |
|-------------------------|----------------|
| Total Fat 1 g | Calcium 5% |
| Cholesterol 0 mg | Vitamin C 337% |
| Sodium 88 mg | Iron 6% |
| Potassium 1,474 mg | Vitamin B6 20% |
| Total Carbohydrate 45 g | Magnesium 16% |
| Dietary Fiber 5 g | Vitamin D 0% |
| Sugar 43 g | |
| Protein 4.6 g | |

Sources: blog.aghires.com, newworldencyclopedia.org

Cantaloupe Anatomy



(Image: homestratosphere.com)