

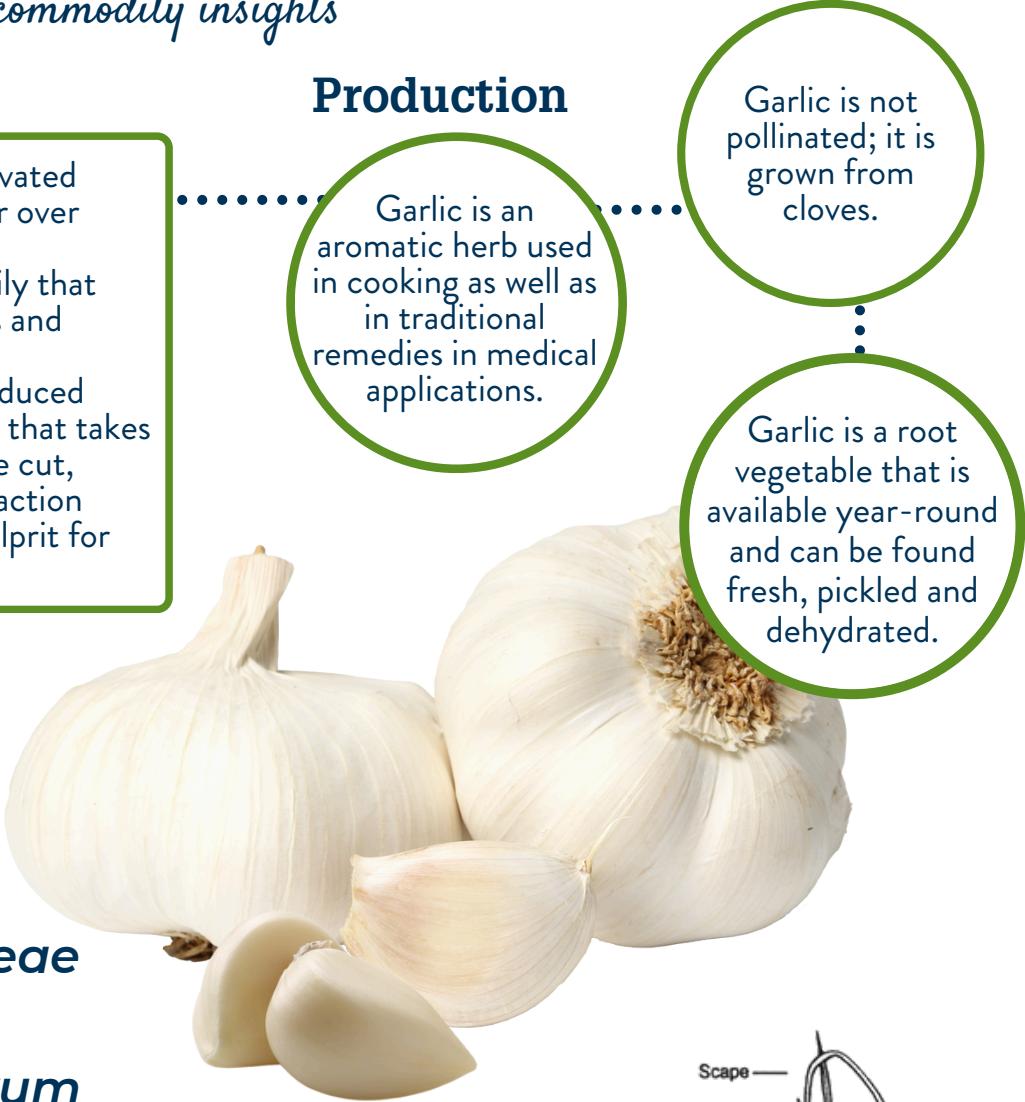
## Did you know?

Garlic is a vegetatively propagated crop, meaning it's typically grown from cloves rather than seeds.

## Overview

- Garlic is one of the oldest cultivated plants. Garlic has been used for over 5,000 years.
- Garlic is part of the allium family that includes onions, leeks, scallions and shallots.
- The sharp flavor of garlic is produced because of a chemical reaction that takes place when the garlic cloves are cut, chopped, etc. This chemical reaction produces allicin which is the culprit for garlic's strong flavor.

## Production



# Garlic

*Kingdom: Plantae*

*Order: Asparagales*

*Family: Amaryllidaceae*

*Genus: Allium*

*Species: Allium sativum*

## Nutritional Information

(Single clove 3g)

Calories 4.5	Fat 0 g
Protein 0.2 g	Saturated 0 g
Carbs 1 g	Potassium 12 mg
Fiber .1 g	Calcium 5.4 mg
Sugar 0 g	Sodium .5 mg

### Sources:

<https://www.ndsu.edu/agriculture/extension/publications/all-about-garlic-pocket-guide>

[https://www.canr.msu.edu/news/stinking\\_facts\\_about\\_garlic](https://www.canr.msu.edu/news/stinking_facts_about_garlic)

## Garlic Anatomy

