

Did you know?

Raspberries are made up of little “drupelets”, which are the fuzzy little bits that you see on the outside of the raspberry.

Overview

- Raspberries come in two basic types: red and black. Yellow raspberries are a mutation of red or black raspberries, and purple raspberries are a cross between red and black raspberries.
- There are over 200 species of raspberries.
- Raspberries can be grown from the Arctic to the equator.
- 60-70 pints of fruits can be harvested from 100 feet row.
- Raspberries are sold in pound units.

Production

At maturity, field plantings of red raspberries should produce about 5,000 pounds of fruit per acre.

High-tunnel production will be at least double that of field production for both red and black raspberries.

Northeastern U.S. states combined have around 1,600 acres of raspberries on over 2,300 farms.

Raspberry

Kingdom: Plantae

Division: Magnoliophyta

Order: Rosales

Family: Rosaceae Juss.

Genus: Rubus L.



Nutritional Information

1 Cup Raspberries (123g)

Calories 64

Total Fat 1g

Sodium 1mg

Total Carbohydrate 15g

Dietary Fiber 8g

Sugar 5g

Potassium 4mg

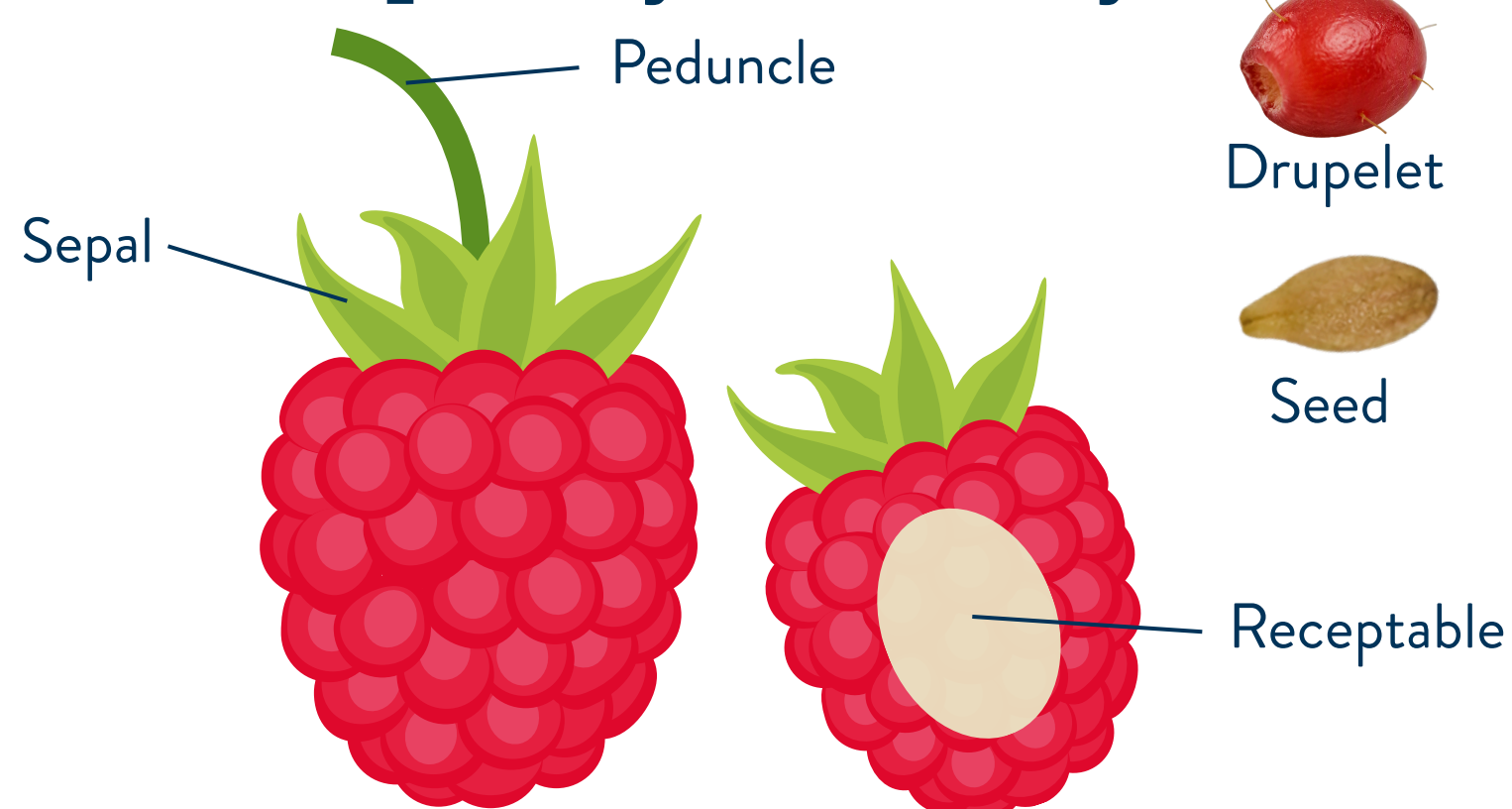
Protein 2g

Vitamin C 36mg

Calcium 2mg

Iron 5mg

Raspberry Anatomy



Sources: <https://plants.sc.egov.usda.gov/classification/91260>
<https://snaped.fns.usda.gov/resources/nutrition-education-materials/seasonal-produce-guide/raspberries>
<https://extension.psu.edu/raspberry-production>