

Did you know?
There are around 10,000 varieties of tomatoes worldwide!

Overview

- Tomatoes are the second most consumed vegetable in the U.S, behind potatoes.
- In 2017, fresh market and processed consumption was 20.3 pounds and 73.3 pounds per capita.
- Fresh-market tomatoes are produced in every state, with commercial-scale production in about 20 States.

Production

In 2020, 12,619 tons of fresh tomatoes were harvested from 272,900 acres. Average tomato yield per acre is 39.4 tons.

Tomato

Family: Solanaceae

Species: S. lycopersicum

Genus: Solanum

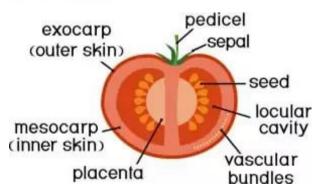
Kingdom: Plantae

The average grower price for fresh tomatoes is: \$37.30/cwt

Nutritional Information 1 med whole (123 g) Tomato Anatomy

Total Fat 0.2 g
Cholesterol 0 mg
Sodium 6 mg
Potassium 292 mg
Total Carbohydrate 4.8
Dietary Fiber 1.5 g
Sugar 3.2 g
Protein 1.1 g

Vitamin A 20% Calcium 1% Vitamin C 28% Iron 1% Vitamin B-6 5% Magnesium 3%



(Image: Kazakova Maryia/Shutterstock)

Sources: USDA, Ag Marketing Resource Center

