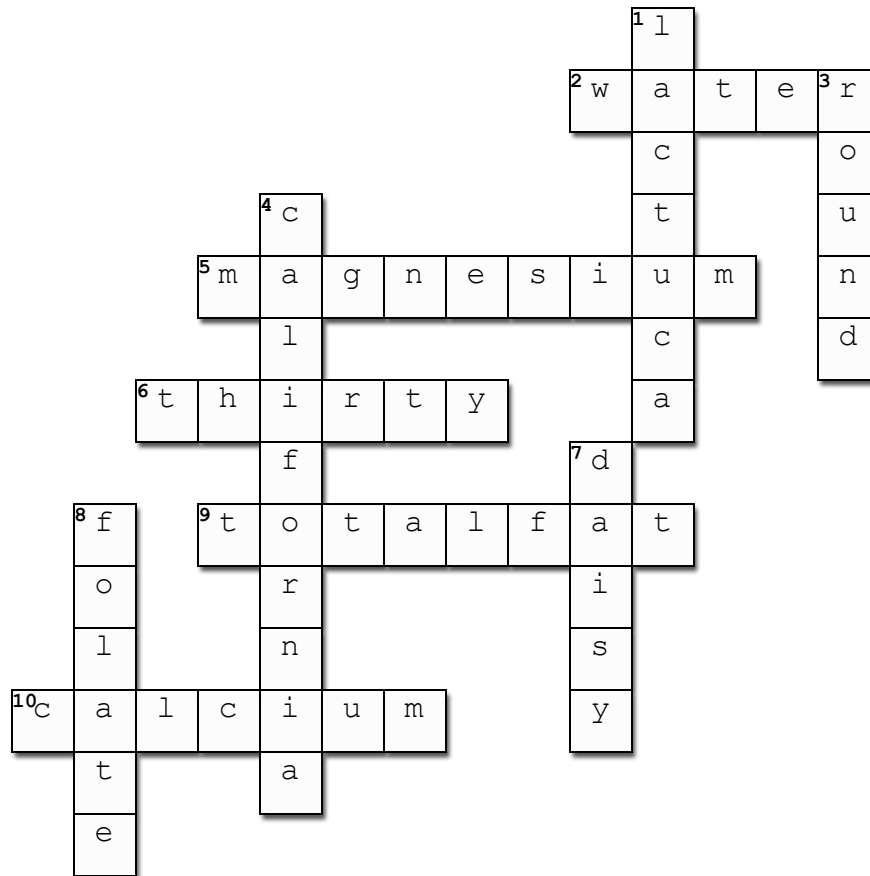


Iceberg Lettuce

Complete the crossword puzzle below



Created using the Crossword Maker on TheTeachersCorner.net

Across

- Lettuce is prone to _____ loss after harvest. (**water**)
- There are 5 mg of _____ in one cup of lettuce. (**magnesium**)
- You can further increase the crispness of your leafy greens by allowing them to soak in ice water for up to _____ minutes. (**thirty**)
- There are 0 g of _____ in one cup of lettuce. (**totalfat**)
- There are 13 mg of _____ in one cup of lettuce. (**calcium**)

Down

- Lettuce is a part of the _____ genus (**lactuca**)
- Lettuce is produced year _____ in the U.S. (**round**)
- Although lettuce is produced in many states, _____ and Arizona dominate U.S. production. (**california**)
- Iceberg is a member of the asteraceae family and is actually related to the _____. (**daisy**)
- Iceberg is a good source of vitamin K and has _____. (**folate**)