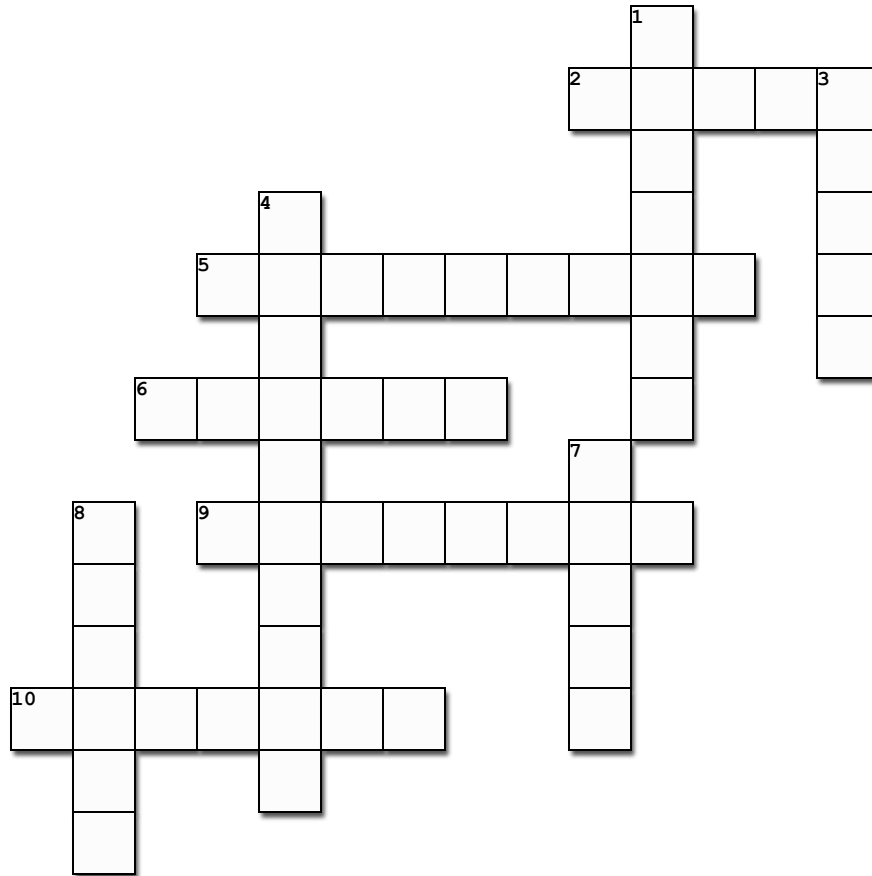


Name: _____

Iceberg Lettuce

Complete the crossword puzzle below



Created using the Crossword Maker on TheTeachersCorner.net

Across

2. Lettuce is prone to _____ loss after harvest.
5. There are 5 mg of _____ in one cup of lettuce.
6. You can further increase the crispness of your leafy greens by allowing them to soak in ice water for up to _____ minutes.
9. There are 0 g of _____ in one cup of lettuce.
10. There are 13 mg of _____ in one cup of lettuce.

Down

1. Lettuce is a part of the _____ genus
3. Lettuce is produced year _____ in the U.S.
4. Although lettuce is produced in many states, _____ and Arizona dominate U.S. production.
7. Iceberg is a member of the asteraceae family and is actually related to the _____.
8. Iceberg is a good source of vitamin K and has _____.