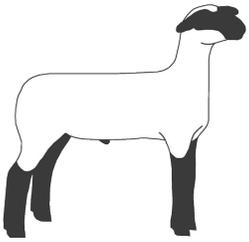


# When Is A Lamb Chop More Than A Lamb Chop?

Let's take a look at a 125 lb. market ready lamb:



**Average dressing percent for lambs (shorn): 55%**

**125 lbs. x 55% = 69 lbs. carcass**

**Average loss from cutting and trimming: 25%**

**64 lbs. x 75% = 52 lbs. of retail cuts**

**Of that 52 lbs. of retail cuts, approx. 15 lbs. comes from the leg, 8 lbs. from loin, 6 lbs. from rib, 13 lbs. from shoulder, and 10 lbs. from miscellaneous**

## Grocery Store Prices for Leg, Loin and Rib\*:

- Butterflied Leg - \$9.00/lb
- Leg Steak - \$9.00/lb
- Whole Leg - \$8.00/lb
- Loin Chop - \$13.00/lb
- Loin Roast - \$11.00/lb
- Rib Chop - \$15.00/lb
- Rib Roast - \$14.00/lb
- Rack of Rib - \$20.00/lb

**Average Price for Leg/Loin/Rib: \$11.50/lb**

## Grocery Store Prices for Shoulder and Misc\*:

- Blade Chop - \$7.00/lb
- Shoulder Roast - \$6.50/lb
- Ground Lamb - \$7.00/lb
- Foreshank - \$6.50/lb
- Neck slices - \$3.50/lb

**Average Price for Shoulder/Misc.: \$6.50/lb**

Total Cost of Leg, Loin and Rib: 29 lbs. x \$11.50/lb. = \$333.50

Total Cost of Shoulder and Miscellaneous: 23 lbs. x \$6.50/lb. = \$149.00

**Total Cost of Meat from One Lamb at Grocery Store: \$483.50**

**If you purchased that same 125 lb. lamb at a 4-H/FFA Livestock Show and Sale:**

Cost to purchase lamb: 125 lbs. x \$4.00/lb = \$500.00

Cost to have the lamb processed: \$45.00 (approximately)

**Total Cost of Meat from One Lamb Through 4-H/FFA Livestock Sale: \$545.00**

## Added Value of A 4-H/FFA Raised Lamb

- ✓ Buy locally
- ✓ Know where and how your food was raised
- ✓ Meat comes from a single animal
- ✓ Can be counted as a charitable contribution for taxes
- ✓ Support local businesses (butcher)
- ✓ **Help a local 4-H and/or FFA student to accomplish their goals - saving for college, investing in more livestock for their own operation, paying for the cost of raising the livestock project and learning about financial management and the value of hard work!**
- ✓ Support 4-H/FFA - the program and the student who raised the lamb
- ✓ Enough lamb to share with family/friends - you can purchase as a group!
- ✓ You choose what cuts of meat you get - how many roasts, chops, etc.

**Buying from 4-H/FFA gives you so much more than a lamb chop! (or a ham or a steak)**