MILK, NATURE'S PERFECT DRINK



CALCIUM

25% Daily Value
Helps build and
maintain strong
bones and teeth

35% Daily Value
Supports body
growth, red blood
cell production and
metabolism

RIBOFLAVIN

PHOSPHORUS

20% Daily Value Strengthens bones

POTASSIUM

8% Daily Value
Regulates fluid
balance and helps
maintain normal
blood pressure

VITAMIN D

15% Daily Value

Helps promote the absorption of calcium

VITAMIN A

15% Daily Value
Promotes good
vision and healthy
skin

PANTOTHENIC ACID

20% Daily Value
Helps convert food
into energy

NIACIN

10% Daily Value
Promotes proper
circulation

