

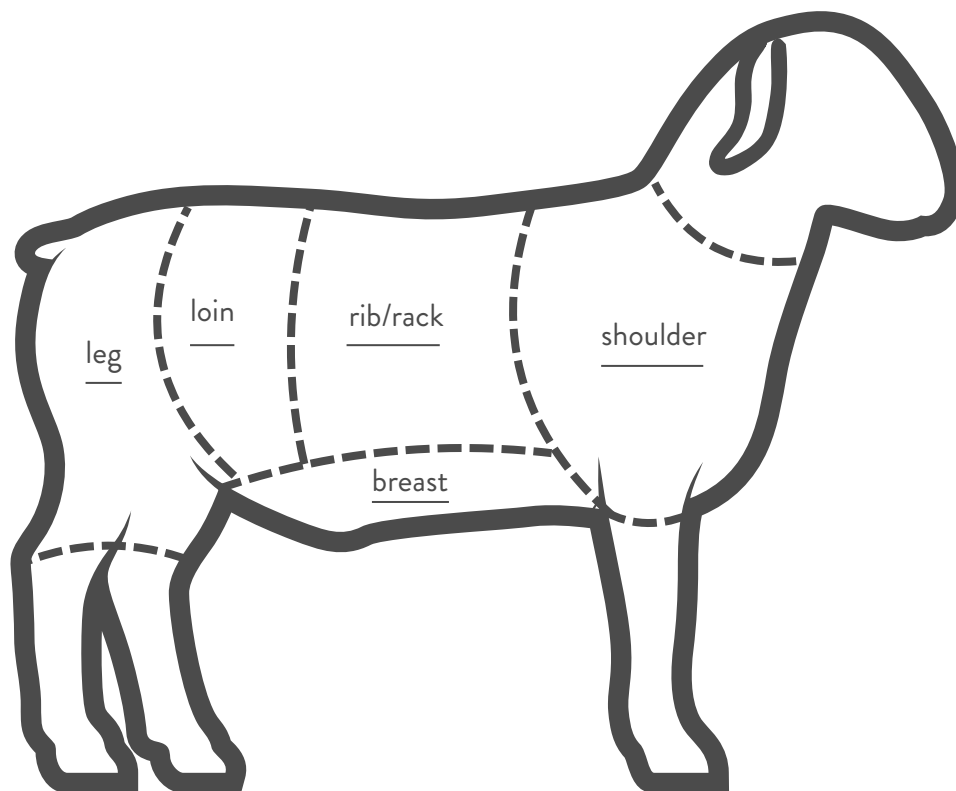


PRIMAL CUTS OF LAMB



Activity:

After studying, fill in the names of each primal cut of lamb. See how many you can get right!



True or False:

- True or False: A “frenched” rack has the bones cleaned for a dramatic presentation.
- True or False: The leg is a fatty cut that is used for stews.
- True or False: The breast is one of the most affordable cuts.
- True or False: A full rack usually includes 8 ribs.
- True or False: A butterflied leg is ideal for marinating and grilling.